

Not using the online tools that come with your health plan would be like buying a new TV and leaving the remote control in the box.

And you'd never do that, right?

Learn about the handy online tools that come with your health plan. It's easy with our "Web Overview eTutorial" at anthem.com.

If you're not taking advantage of our online tools at anthem.com, then you're not learning as much as you could about how to get the most from your Anthem Blue Cross and Blue Shield health plan. And that includes saving money and making the most informed decisions. Our "Web Overview eTutorial" is a guide that walks you through all of the helpful tools you could — and should — be using. The guide will explain where you can find these tools and how to use them. It's fun, interactive and anything but boring.

With the "Web Overview eTutorial" you can learn how to:

- Register at anthem.com.
- Use our cost and quality tools to check what different doctors and hospitals in your area charge for common surgeries, how often they do them and how many complications there have been.
- Find a doctor.
- Take a health assessment to see how healthy you are. Print out a report that you can share with your doctor.
- Personalize your own health record where you can keep all of your health information in one place.
- View videos of common surgeries being performed.
- Find discounts for local gym memberships, eyeglasses, weight loss programs and more.

How to get started with our "Web Overview eTutorial"

All you need to do is go to anthem.com and click on "Guided Tour". Then sit back and get ready to learn and have fun, all at the same time.

