



Health Services

1200 South Barr Street • Fort Wayne, IN 46802 • Phone: 260.467.1080 • Fax: 60.467.1186

Carbohydrate Menu Request Form

FWCS Nutrition Services will send menus home each month for students with diabetes. These menus will include grams of carbohydrate and protein for each menu item served. This service must be renewed each school year.

Name of Student: _____

School: _____ Grade: _____

Please check how you prefer to receive information.

I do not need menus sent, but prefer to check Nutrition Services website at www.foodservice.fwcs.k12.in.us/menus.php

I prefer to receive menus through email

Email Address: _____

I prefer to receive menus by fax

Fax number: _____

I prefer to receive menus through USPS mail

Name: _____

Address: _____

City: _____ Zip: _____

Phone Number: _____

Parent/Guardian Signature: _____ Date: _____

RETURN THIS FORM TO YOUR SCHOOL NURSE