

RIVERS RELAXATION



Rivers Relaxation
1505-B Dupont Road, Fort Wayne, IN 46825
260-209-3937

Use CODE **FWCS** when scheduling a one - hour float, to receive \$10 dollars off!

Schedule on line at www.riversrelaxation.com

The code can only be used for scheduling a personal 60-minute float and is a benefit for Fort Wayne Community Schools coworkers only.

Code cannot be used when buying gift certificates or any other float options.

Be sure to bring your FWCS badge with you at the time of your float for verification.

Benefits of Floating

Studies suggest time spent floating in a sensory deprivation tank may have some benefits in healthy people, such as muscle relaxation, better sleep, decrease in pain, and decreased stress and anxiety.

Utilizing REST, or Restricted Environmental Stimulation Technique, we provide a place for you to find relief from the stresses that the world gives you.

Floatation Therapy has been shown to improve chronic pain. It has been found to help with muscle tension, pain in the back and neck. Improve mindfulness as you mediate and relax while floating.

Relaxation

Meditation

Rejuvenation

Schedule from
6am – 9pm



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